



## **SETON ACADEMY SPORTS PROGRAM** **RULES AND REGULATIONS**

### **1. RESPECT:**

ALL ATHLETES MUST ALWAYS BE RESPECTFUL OF COACHES, TRAINERS, AT ALL TIMES. ALL ATHLETES MUST SHOW RESPECT FOR THE UNIFORM THAT THEY WEAR AND THE SCHOOL THEY REPRESENT.

### **2. SPORTSMANSHIP:**

ALL ATHLETES MUST REMEMBER THAT THEY ARE PART OF A TEAM THAT REPRESENTS SETON ACADEMY. ATHLETES SHOULD ALWAYS DEMONSTRATE GOOD SPORTSMANSHIP.

### **3. ATHLETE CONDUCT: NO TOLERANCE POLICY**

FIGHTING, INTIMIDATION, DISRESPECT FOR AUTHORITY AND USE OF ANY ILLEGAL SUBSTANCES AT ANY GAME, PRACTICE, OR ANY OTHER SCHOOL FUNCTION WILL RESULT IN THE IMMEDIATE REMOVAL FROM THE TEAM AND MAY PROHIBIT FUTURE PARTICIPATION IN SETON SPORTS.

### **4. SPECTATOR CONDUCT: NO TOLERANCE POLICY**

ALL SPECTATORS WILL BE REQUIRED TO CONDUCT THEMSELVES IN A LAWFUL AND SPORTSMANLIKE MANNER AT ANY SETON ACADEMY ACTIVITY. ANY UNLAWFUL OR UNETHICAL CONDUCT BY ANYONE WILL RESULT IN EXPULSION FROM THAT VENUE OF THAT DAY AND COULD POSSIBLY RESULT IN BANISHMENT FOR THE ENTIRE SEASON. A MUTUAL RELATIONSHIP OF RESPECT IS MAINTAINED BETWEEN ALL THE SCHOOLS IN THE CATHOLIC ATHLETIC LEAGUE. ANY CONDUCT OR BEHAVIOR THAT COULD COMPROMISE THAT RELATIONSHIP WILL NOT BE TOLERATED. YOUR NEGATIVE BEHAVIOR MAY PROHIBIT YOUR CHILD'S PRESENT AND FUTURE PARTICIPATION IN THE SETON ACADEMY SPORTS PROGRAM.

### **5. PRACTICES:**

- ALL CHILDREN MUST ARRIVE AT THE SCHEDULED PLACE ON TIME AS SPECIFIED BY THE HEAD COACH. YOU MUST ATTEND ALL PRACTICES. IF YOU CANNOT MAKE A PRACTICE, YOU MUST NOTIFY THE COACH AHEAD OF TIME.
- PARENTS - PLEASE BE ON TIME TO PICK UP YOUR CHILD AT THE END OF PRACTICE. COACHES ARE VOLUNTEERS AND HAVE FAMILIES TO GET HOME TO. IF YOU ARE NOT ON TIME FOR PICK UP, YOUR CHILD MAY BE PLACED IN THE AFTERCARE PROGRAM AND YOU WILL BE CHARGED FOR THEIR CARE. IF YOUR CHILD HAS PERMISSION TO RIDE HOME WITH ANOTHER PARENT, A NOTE MUST BE SENT IN SO THE COACH IS AWARE OF THIS.
- COACHES MUST BE MADE AWARE IF A CHILD HAS TO LEAVE THE TEAM FOR ANY REASON.
- ALL ATHLETES SHOULD BRING A WATER BOTTLE TO ALL ACTIVITIES.

#### **A. CANCELLATION OF PRACTICE:**

EVERY EFFORT WILL BE MADE TO UPDATE CANCELLATION INFO 2 HOURS BEFORE PRACTICE.

#### **B. PRACTICE APPARREL**

- ATHLETES ARE ASKED TO DRESS IN APPROPRIATE ATTIRE. NO SPAGHETTI STRAP OR TANK TOPS SHIRTS ARE ALLOWED AT PRACTICE.
- ABSOLUTELY NO JEWELRY IS ALLOWED. (THIS MEANS NO EARRINGS, NECKLACES, BRACELETS, BODY PIERCINGS, RINGS, OR WATCHES).
- HAIR MUST BE PULLED BACK OFF THE FACE, IN A HIGH PONY TAIL. SHORT HAIR MUST BE NEAT AND OFF THE FACE.
- NAILS CAN NOT BE LONGER THAN THE FINGERTIPS. NO NAIL POLISH.

6. ATTENDANCE:

- ATTENDANCE IS MANDATORY. ATHLETES ARE REQUIRED TO ATTEND ALL PRACTICES, GAMES AND OTHER SETON ACTIVITIES. IN CASE OF ILLNESS THE HEAD COACH MUST BE NOTIFIED NO LESS THAN TWO HOURS PRIOR TO THE DAY'S ACTIVITIES.
- LATENESS WILL NOT BE TOLERATED. ABSENCES AND LATENESSES WILL BE MONITORED BY THE HEAD COACH AND/OR ATHLETIC DIRECTOR. EXCESSIVE LATENESS AND ABSENCES MAY RESULT IS DISAPLINARY ACTION.

7. GAMES:

- PARENTS ARE RESPONSIBLE FOR THE TRANSPORTATION TO AND FROM ALL GAMES AND PRACTICES. EXCESSIVE LATENESS FOR A GAME MAY RESULT IN LITTLE PLAYING TIME. ATHLETES ARE EXPECTED TO BE AT THE SPECIFIED LOCATION ON TIME (1 HOUR BEFORE GAME TIME FOR BASKETBALL, HALF HOUR BEFORE GAME TIME FOR VOLLEYBALL, HALF HOUR BEFORE MEET FOR TRACK AND 1 HOUR BEFORE GAME TIME FOR SOCCER OR AT THE TIME SPECIFIED BY THE HEAD COACH).

8. UNIFORMS:

- YOU ARE RESPONSIBLE FOR KEEPING THE UNIFORMS CLEAN AND IN GOOD CONDITION.
- UNIFORMS ARE TO BE HAND WASHED OR MACHINE WASHED ON A GENTLE CYCLE AND HUNG UP TO DRY. DO NOT IRON UNIFORMS. DO NOT PUT UNIFORM IN DRYER, THIS MATERIAL TENDS TO BURN AND MELT EASILY.
- UNIFORMS ARE PROPERTY OF SETON ACADEMY AND ARE NOT TO BE WORN OUTSIDE OF LEAGUE FUNCTIONS. (I.E. HALLOWEEN, ETC.)
- NO ALTERATIONS OF UNIFORMS ALLOWED.
- UNIFORMS ARE TO BE RETURNED AT THE END OF THE SEASON. UNIFORMS NOT RETURNED OR RETURNED DAMAGED WILL BE THE FINANCIAL RESPONSIBILITY OF THE ATHLETES PARENT OR GUARDIAN.
- UNIFORMS MUST BE RETURNED BY THE DESIGNATED DATE. UNRETURNED UNIFORMS WILL BE SUBJECT TO A CHARGE OF \$100.00 AND NON- PARTICIPATION IN THE SPORTS BANQUET. THIS ONLY APPLIES TO BASKETBALL AND SOCCER.

9. SCHOLASTICS:

- WE ENCOURAGE OUR ATHLETES TO STRIVE FOR EXCELLENCE IN ALL THEY DO, ESPECIALLY SCHOLASTICS.
- ANY FAILING GRADES AND/OR MARKS FOR CHRISTAIN VALUES WILL RESULT IN DISCIPLINARY ACTION ACCORDING TO THE CURRENT SETON ACADEMY HANDBOOK.



**SETON ACADEMY SPORTS PROGRAM**

**RULES & REGULATIONS ACCEPTANCE SHEET**

**Must Be Signed and Returned to School**

**You may not participate in any sport unless we have a signed copy on file.**

**I have read the attached Rules and Regulations for Seton Academy Sports Program 2010 – 2011 season and I fully understand what is expected of me as a Parent/Guardian of the athlete listed below:**

**Parent/Guardian Name (Printed)** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**I have read the attached Rules and Regulations for Seton Academy Sports Program 2010 – 2011 season and I fully understand what is expected of me as a participant in this Program.**

**Athlete's Name (Printed)** \_\_\_\_\_

**Athlete's Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_